

BICYCLE SAFETY

Biking can be a fun recreational activity with friends and family and a great way to exercise. With more than 80 million bicyclists on the road, safety and obeying traffic laws are everyone's responsibility.



PREPARE

Make sure your bike is maintained and ready for riding (i.e. check tires, parts are secure and working, chain isn't rusted).

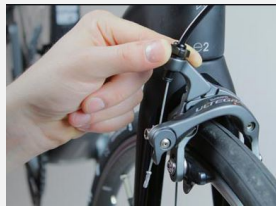
A is for AIR

Check tire pressure. Look for damage to sidewalls.



B is for Brakes

Check brake pad wear and adjustment, cable and housing, brake release, and brake function.



C is for CHECK

Take a short ride to check the brakes work, bicycle gears shift properly and listen for any rattles.

WHAT TO WEAR

Always wear a properly fitted helmet when riding a bike. Keep loose clothes tucked to prevent catching in the chain.



Wear reflective clothing when riding, especially at night. Use a white light on the front and a red reflector on the back.



STOP



LEFT



RIGHT or RIGHT

FOLLOW THE RULES

Safety and biking go hand in hand.

By following these guidelines, you can make sure your biking adventure continues to be a relaxing and enjoyable experience.

Follow the rules of the road and use proper hand signals when making turns and stops.

Ride in the same direction as traffic, as far to the right of the road as possible.

FIRE SAFE
South Carolina



A COMMUNITY RISK REDUCTION PROGRAM

